



## SAMPLE MENU

### Mag Bay Expeditions

#### DAY 1

##### Lunchbox:

- Green salad with bacon and walnuts
- Argentinian empanadas (steak, gorgonzola, pear, and walnut)
- Mini alfajor (sandwich cookie filled with dulce de leche)

##### Dinner:

- Mushrooms filled with creamed spinach
- Pumpkin salad (pumpkin butter, olive oil, goat cheese, baby spinach, walnuts)
- Homemade ravioli filled with braised rib (spinach and ricotta option)
- Flan

#### DAY 2

##### Breakfast

- Coffee, fruit, and juice
- Yogurt with granola, pumpkin bread, sweet corn cake
- Spinach, mushroom, and mozzarella cheese omelet

##### Lunchbox

- Caprese bruschetta
- Lobster burrito
- Strawberries with cream

##### Dinner

- Provencal mussels
- Mixed salad
- Fillet steak with port and amaretto reduction and roasted potato wedges
- Cannoli filled with praline and cream cheese

#### DAY 3

##### Breakfast

- Coffee, fruit, and juice

- Yogurt with granola, pumpkin bread, sweet corn cake
- Chicken chilaquiles with scrambled eggs

#### Picnic

- Lobster salad (lettuce, lobster, celery, avocado, balsamic reduction)
- Tuna sashimi, ceviche, and tostadas
- Alfajores (sandwich cookie filled with dulce de leche)

#### Dinner

- Crema poblana
- Salad of lettuce, mustard and honey dressing, goat cheese, and walnuts
- Mar y Tierra Grill (Rib eye/ fillet/ skirt/ shrimp skewers/ clambake/ lobster) with creamed spinach, peperonata, and guacamole)
- Crepes

#### DAY 4

##### Breakfast

- Coffee, fruit, and juice
- Yogurt with granola, pumpkin bread, sweet corn cake
- Eggs benedict on English muffin

##### Lunchbox

- Charcuterie and cheese snacks
- Serrano ham, rocket, and parmesan panini